

Activity: Examining the HSE Risk Assessment Approach

Aims	<p>To enable the group to:-</p> <ul style="list-style-type: none"> • Examine how the risk assessment process can be used to tackle organisational problems with stress in the workplace.
Task	<p>In your group:</p> <ol style="list-style-type: none"> 1 What are the main issues that cause stress for your members/colleagues at work? Within your group identify the top 3 issues that cause most problems in your workplace 2 Using the resources provided, look at the Risk Assessment approach advocated by the HSE and within your group list the strengths and weakness of this approach? 3 What role can Trade Unions play in tackling the causes of stress at work? Think about the role of different types of trade union rep e.g. Union Rep, Safety Rep, Learning Rep, Equality Rep etc.
Report Back	<ul style="list-style-type: none"> • Elect someone to chair your group discussion, someone to take notes of the key points, and then who will feedback to the rest of the workshop.
Resources	<ul style="list-style-type: none"> • How to tackle work related stress (HSE Guide for employers) • Stress and its impact (ACAS leaflet)