

Working lives are becoming much more complex!

Working life is becoming more complex from all angles. Following the EU referendum result we face an uncertain future for the country, employment and business. Employment and other laws originating from the EU, once transferred into UK law, will almost certainly face dilution or even removal, in another Conservative Government. Health & Safety laws are still in place but many employers disregard or are ignorant of the Stress Management Standards.

The Prime Minister has flagged up a greater need for better care and support particularly for Mental Health at a time when the NHS is struggling to keep up, and no extra money seems to be forthcoming. Pressures on public services continue to remain high under the enduring austerity regime. Workers face increasing demands on their time and skills.

There is relentless change at work, which in itself is intensely fatiguing.

Recent research has shown that those with disabilities suffer disadvantage at a range of levels - all of which increases stress levels.

Are you a young worker dealing with the brave new world of zero hours contracts, coping with the demands of more than one employer? Are you a middle aged worker coping with the pressures of being both a worker and a parent to children (younger and older) at home? Are you the carer of elderly parents? Or are you an older worker having to work much longer than you had ever anticipated?

Whichever applies, *the world of work has never been more stressful.*

SPEAKERS

Peter Kelly, HSE Senior Psychologist – Management Standards *confirmed*

Professor Gail Kinman, Univ. of Bedfordshire Change fatigue *confirmed*

Professor Ralph Fevre, University of Cardiff – Workplace disability *confirmed*

Matilda MacAttram, Black Mental Health UK *invited*

Janine Booth RMT and Independent speaker – Mental Health issues *confirmed*

Workshop Sessions, Saturday afternoon and Sunday Morning covering a wide range of related topics, networking opportunities and more. This is a very popular annual event – book early to secure a place.

WORKstress

The UK National Work-stress Network • workstress.net



Challenging poor employment practices

***issues around work-stress in an
increasingly demanding work environment***

**Saturday, November 25th 9.30 a.m. to 5.00 p.m. to
Sunday, November 26th 9.30 a.m. to 12.30 p.m.**

**Hillscourt Conference Centre, Rose Hill, Rednal,
Birmingham, B45 8RS**

***This conference is aimed at Health & Safety Representatives, Trades Union Officials
and Shop Stewards, Human Resources and Health & Safety Specialists and Stress
Management Consultants***

PLEASE COMPLETE A SEPARATE FORM FOR EACH DELEGATE AND STAPLE TOGETHER IF NECESSARY. PHOTOCOPIES ARE ACCEPTABLE.

PLEASE TYPE OR WRITE IN BLOCK CAPITALS VERY CLEARLY

YOUR NAME			
YOUR CONTACT ADDRESS			
	Postcode		
TELEPHONE No			MOBILE No
YOUR EMAIL (BLOCK CAPITALS PLEASE)			
ORGANISATION/UNION			
DIETARY MOBILITY AND OTHER SPECIAL NEEDS?			

NON RESIDENTIAL DAY DELEGATE (per person)		
1 day (Sat): £155 (Unwaged delegate or non-delegate/carer: £95)*		£
2 days (Sat & Sun): £175 (Unwaged delegate or non-delegate/carer: £95)*		
(Fee includes buffet lunch plus teas/coffees on Saturday and coffees and packed lunch on Sunday)		
RESIDENTIAL DELEGATE (per person)		
2 days (inc. Sat B&B): £260 (Unwaged delegate or non-delegate/carer: £100)*		£
2 days (inc. Fri. & Sat. B&B): £295 (Unwaged delegate or non-delegate/carer: £155)*		
(Fee includes bed & breakfast as booked plus teas/coffees etc., buffet lunch and 3 course dinner on Saturday and coffee and packed lunch on Sunday.)		
* Please note that there are no twin/double <i>ground floor</i> rooms in the Conference Centre. Delegates with mobility needs who wish to share a room with a carer will be accommodated for bed and breakfast in a nearby Premier Inn at an additional cost per person per night - details to be confirmed.		£
		Please write total supplement here:
SUB TOTAL		£
Less Early Bird discount of 10% (Applies only to bookings received with full payment by 1st September 2017)		- £
FULL TOTAL		£

Please tick this box if you *do not* wish your email address to be added to our E-news Subscription list – you can always opt out of the list if you wish.

If this is your first attendance at one of our conferences, please tick here:

PLEASE MAKE CHEQUES PAYABLE TO UK National Work-Stress Network
BACS PAYMENTS POSSIBLE – NO CREDIT OR DEBIT CARD PAYMENTS

Complete this section only if you wish to be accompanied by a non-delegate partner or a carer. Delegate partners must pay full delegate fee.

Name of partner/carer			
Type of room	TWIN?		DOUBLE?
Is this person a designated Carer?	YES/NO		

CANCELLATIONS POLICY: UP TO AND INCLUDING THE EARLY BIRD DISCOUNT CLOSING DATE, FULL REFUNDS [LESS AN ADMINISTRATIVE FEE OF £20] MAY BE MADE. AFTER THAT DATE A 75% REFUND ONLY MAY BE MADE, UNLESS A CANCELLED PLACE IS FULLY FILLED BY A NEW OR SUBSTITUTE APPLICATION.

NO REFUNDS WILL BE MADE ONCE NUMBERS ARE CONFIRMED WITH THE CONFERENCE CENTRE BY NOVEMBER 1ST 2017

PLEASE SEND APPLICATION FORM TOGETHER WITH CHEQUE(S) PAYABLE TO **UK NATIONAL WORK-STRESS NETWORK** TO

BOB WOODS – CONFERENCE SECRETARY, 28 ILTON ROAD, PENYLAN, CARDIFF CF23 5DU

EMAIL ADDRESS: UKWORKSTRESS@LIVE.CO.UK

Invoices for BACS payments will be provided on request.