



The Stress Network...how it works

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Stress Network

Supporting vessels!

- A presence at relevant conferences
- Exhibiting at Trade Union Conferences and other events
- Engagements to deliver talks, presentations and training workshops

Call for more hands on deck!

- Stress is serious, spreading, and acknowledged to be so – except by those causing it...
- Demand for our services is increasing
- None of us goes on for ever – we are scanning the horizon for reinforcements!

Flagships

- Annual Conference – running since 1994
- Stress Booklet
- Web site – www.workstress.net

The Crew... Steering Group

- Volunteers, working unpaid from home
- Meet here at Hillscourt 4 or 5 times a year, to review activity; plan more; decide our direction of travel
- Experienced trade union activists, bringing a wide range of expertise
- HOWEVER.....

What are we looking for?

A willingness to offer time and talents, the following being especially welcome:

- Event planning and management
- Expertise in finance and budgeting
- Web site and social media 'savvy'
- Presentation and training skills

What can we offer?

- The chance to be at the centre of a high profile campaigning organisation
- Many opportunities to use your skills in a worthy cause
- Support, mentoring and 'shadowing' opportunities from current SG members

What to do next...

- Think about the commitment, during and after this Conference
- Talk to SG members here
- Ian can be contacted via our website
- Talk to your trade union about financial support to cover costs of attending our meetings

www.workstress.net

Thanks in anticipation of your support.

Have a good Conference!