

Mental Health at Work

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Stockport Mental Health Project

- Employer and Union Engagement
- Union Representatives Training
- Buddy / mentor Training
- Steering Group
- Awareness Events

Union Rep Training

1. Mental Health Awareness
2. Mental Health and the Role of the Representative

Content

Prevention –

- Risk Assessment
- Role of the Line Manager

Support –

- Disability Discrimination
- Policy Development
- Members Cases
- Union organisation

Culture -

- Language and stereotyping
- Organisational ethos





North West and TUC initiatives

Merseyside Project

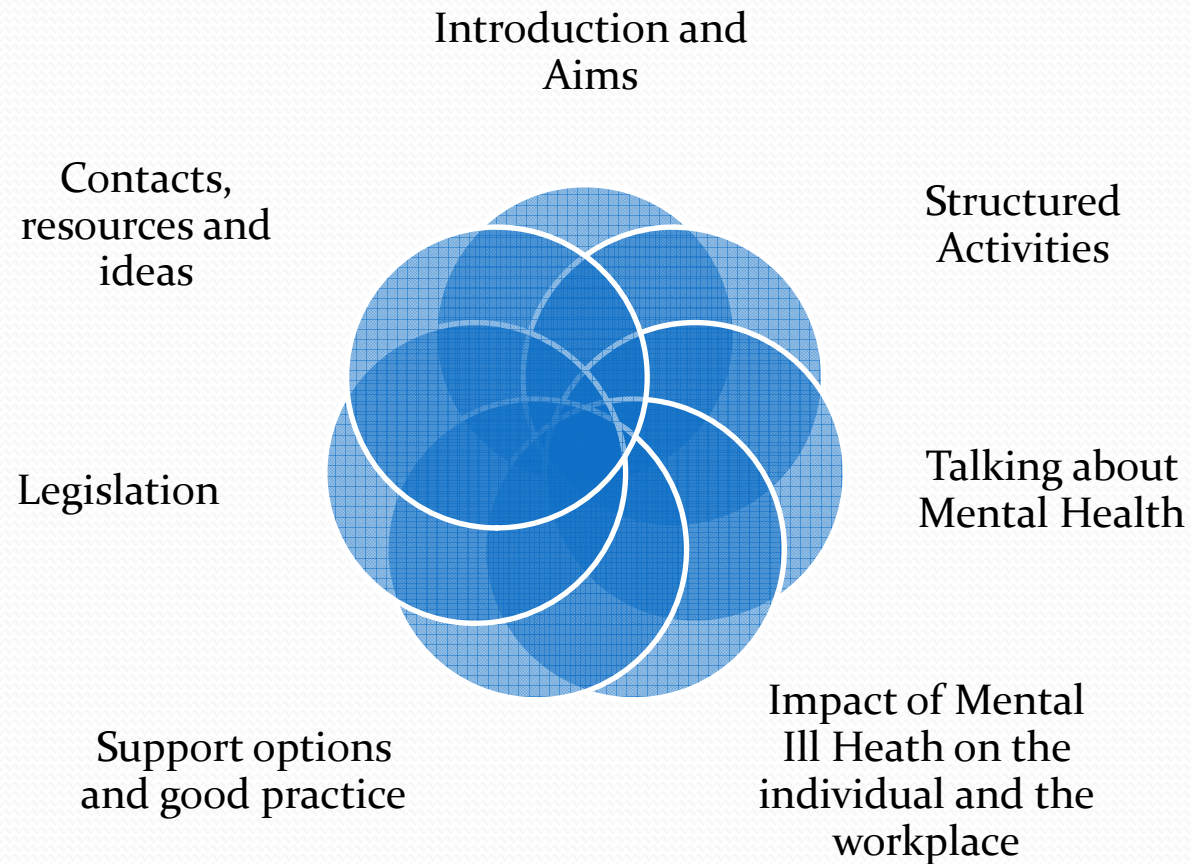
ESF funded – Unionlearn NW working with 2 Local Authorities and PTA to develop capacity of trade unions and employers

- Employer to sign up to be a Mindful Employer
- Develop Mental Health policies as well as OH and Stress policies which cover mental health
- Mental health training and workforce awareness
- Show/open days
- Mental Health First Aid training

Also

- St Helens LA undertaken health survey of all staff
- Merseytravel appointed Mental Health First Aid trainer
- Health at Work
- Internationally working with SAK

Initiatives continued:- Workbook



Initiatives continued:- Website

